

## The Shame Suit

Some call it a swimsuit, some call it a bathing suit, we have started calling them shame suits and here's why...

Let's take them one at a time...the "swimsuit" first.

Does a "swimsuit" help you swim?

Does it improve your swimming ability?

Is it necessary for swimming?

Does it make swimming more comfortable?

Is the swimming experience improved at all by wearing the "swimsuit"?

I think if you answer honestly, you would give a resounding NO to all of the questions above!

Now, the "bathing suit"...

Does the "bathing suit" help you bathe?

Does it improve your bathing ability?

Is it necessary for bathing?

Does it make bathing more comfortable?

Is your bathing experience improved at all by the "bathing suit"?

Again, I think if you answer honestly, not only would you say NO, but you might add that the “bathing suit” makes the bathing experience worse in every way.

So, if the swimsuit is a damper on the swimming experience and the bathing suit is a damper to bathing then why does anyone wear them?

There is one enormously resounding reason...SHAME.

We have been taught and conditioned to wear them even though they do not enhance the swimming experience and in fact, they certainly detract from the swimming experience. I have never heard a single person say that they just love the feeling of a cold, wet, sticky, sandy swimsuit upon getting out of the pool or other body of water.

The swimsuit does not desexualize the body while swimming, in fact a solid case can be made that the swimsuit enhances the sexual tension at a pool or beach and we can attest that a family friendly nude beach is way less sexualized than any textile beach we have ever visited.

So, if the swimsuit detracts from the experience and increases sexual appetite, please tell me again, why we are taught or conditioned to wear them?

SHAME...we have been told that there is something inherently dirty, sexual or shameful about the naked body and that it needs covered. But, God does not view our naked bodies as dirty, in fact He called them “very good”. God does not view our naked bodies as sexual, in fact He made our naked bodies to do everything in the garden naked and not ashamed. That meant that the majority of the naked time was gardening...also known as living our normal everyday lives at that point naked. And God does not view our naked bodies as shameful, in fact He

proclaimed us made in His very image and “fearfully and wonderfully made”! So, if God saw us as very good, made in His image and fearfully and wonderfully made and we’ve been taught that our naked bodies are dirty, sexual and shameful then someone is wrong and it’s probably not God.

If the only reason to wear a swimsuit is that we have been taught the opposite of God’s view than we are very much against the swimsuit. If the swimsuit increases sexual tension and appetite and we know that it does due to the overwhelming evidence that the commonplace of nonsexual nudity desexualizes the mind and desexualizes society, then why keep promoting Satan’s lie?

Let’s stop calling it by its fake names and call it what it really is...it’s not a swimsuit and it’s not a bathing suit...it’s a shame suit.

Let’s stop giving in to Satan’s lies and let’s start living as God intended from the very beginning...let’s live naked, in His image, honoring our Creator and not ashamed!